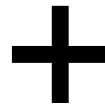




NUTRITION CENTER OF MAINE



One  
Book, One  
Community

(Lewiston & Auburn Public Libraries  
& other community partners)



Invite you to...

## Where does your food come from?

An exploration of food systems through  
conversation, science, and taste

This four week class is for  
adults interested  
in learning  
more about  
the  
complexities  
of our  
food  
system.

Thursdays, 6:30-8:00pm  
starting February 11th

St. Mary's Nutrition Center  
208 Bates Street  
Lewiston



The class fee is a sliding  
scale structure - we will talk  
about what this means in more  
detail during the 2nd class. To  
put it simply, participants will be asked  
to pay what they feel is appropriate  
based on the value of the experience in  
the class and their income.



For **more information** or to  
register for the class contact Ari at  
**207.513.3844**. The class will be  
limited to 15 participants.