

Behavioral Health Counseling Resources

The resources listed may have different processes for accepting and working through referrals. Make sure to call to learn about their specific referral process before visiting the office location listed.

Tri County Mental Health Services

Offers crisis services, syringe exchange program, co-occurring disorders, and veteran counseling.

- Contact: 207-783-9141
- Location: 1155 Lisbon St., Lewiston

Common Ties Mental Health Services

Adult case management, counseling and housing voucher support.

- Contact: 207-795-6710
- Location: 12 Bates St., Lewiston

Sweetser

Offers substance use treatment, residential and day treatment services, crisis stabilization and mobile crisis, peer services, behavioral health home for adults, children and families, and more.

- Contact: 800-434-3000
- Location: 217 Main St., #302, Lewiston

Health Affiliates Maine

Statewide outpatient counseling (including telehealth), medication management, case management, and substance use focused virtual intensive outpatient program.

- Contact: 877-888-4304
- Location: Various, call for address

Community Clinical Services

Case management to children and adolescents or adults, outpatient counseling, and psychiatry.

- Contact: 207-782-9551
- Location: 100 Campus Ave., Lewiston

Gateway Community Services

Adult case management, BHHO, counseling, personal support services for New Mainers and immigrants, pro-bono counseling and case management on a case-by-case basis.

- Contact: 207-536-5999
- Location: 124 Canal St., Lewiston

Blue Sky Counseling

Substance use disorder, opioid health home provider with MAT treatment, individual/group therapy and DEEP services.

- Contact: 207-241-0298
- Location: 118 Pine St., Lewiston

Blue Willow Counseling

Offers intensive outpatient program, medication management, adult case management, and substance use counseling.

- Contact: 207-782-3386
- Location: 101 East Ave., Lewiston

Food Resources

Some food pantries may offer additional resources and programs in addition to pantries. Organizations may have applications or surveys for folks to fill out prior to or at their first visit, or only serve residents from certain towns. Please reach out to any pantries before visiting to confirm their hours and availability, as well as any possible paperwork.

Good Shepherd Food Bank Partner Pantries in Androscoggin County

This county guide is maintained by Good Shepherd Food Bank and includes all pantries that partner with the organization.

St. Mary's Food Pantry

- Contact: 207-513-3841
- Location: 208 Bates St., Lewiston

Hope Haven Gospel Mission

- Contact: 207-783-6086
- Location: 209 Lincoln St., Lewiston

High Street Congregational Church Food Pantry

- Contact: 207-784-1306
- Location: 106 Pleasant St., Auburn

Kaydenz Kitchen

- Contact: 207-577-7942
- Location: 550 Lisbon St., Lewiston

Poland Community Church Food Bank

- Contact: 207-998-4069
- Location: 1212 Maine St., Poland

Midcoast Hunger Prevention Program

- Contact: 207-725-2716
- Location: 12 Tenney Way, Brunswick

Hope House Family Support Center

- Contact: 207-577-1165
- Location: 91 College St., Lewiston

Housing Resources

These resources include Drop-in centers and shelters, short-term and long-term housing, and emergency housing. Some resources may offer services and programs outside of housing, such as serving hot, nutritious meals, food pantry and clothing closet, referrals, and more.

Please call resources with any questions about short-term and long-term shelter stays ahead of visiting as there may be a referral process to work through.

Pleasant Street Drop-in Center

Provides snacks and meals, toiletries, clothing and camping gear. Join the Facebook group for seasonal/updated hours.

- Location: 169 Pleasant St., Auburn
(located at the First Universalist Church)

The Center for Wisdom's Women

Drop-in center for women that offers peer support, hygiene items and clothing items.

- Contact: 207-513-3922
- Location: 97 Blake St., Lewiston

New Beginnings – Street Outreach Program & Drop-in Center

Provides services to meet an individual's immediate safety needs, such as food, clothing, shelter, and referrals; for ages 14-21 only.

- Contact: 207-795-6831
- Location: 134 College St., Lewiston

LGBTQ+ Resources

OUT Maine

Working to create more welcoming and affirming communities for Maine's diverse queer youth in all their intersectional identities by changing the very systems that serve them.

- Contact: 800-530-6997
- Location: Call for address

EqualityMaine

Their mission is to protect and advance full equality for all lesbian, gay, bisexual, transgender, and queer Mainers by creating an inclusive and intersectional movement through political action, community building, education, engagement and collaboration.

- Contact: 207-761-3732
- Location: 15 Casco St., Portland

New Beginnings – Marian's Place

Provides 24-hour emergency housing and support for youth ages 10-19 who are runaway, homeless, or facing family conflict

- Contact: 207-795-4070 (24-hr line)
- Location: 491 Main St., Lewiston

Rural Community Action Ministry

Serves Buckfield, Canton, Greene, Hartford, Leeds, Litchfield, Livermore, Livermore Falls, Monmouth, Sabattus, Sumner, Turner, Wales and Wayne.

- Contact: 207-524-5095
- Location: 81 Church Hill Rd., Leeds

Nancy Boggan Murphy Family Center Emergency shelter for families.

- Contact: 207-364-3551
- Location: Call for address

Trinity Jubilee Center

Day shelter providing nutritious meals daily with a food pantry.

- Contact: 207-782-5700
- Location: 247 Bates St., Lewiston

Veteran Resources

Lewiston Vet Center

- Contact: 207-783-0068
- Location: 35 Westminster St., Lewiston

Lewiston VA Clinic

- Contact: 207-330-2700
- Location: 15 Challenger Dr., Lewiston

Preble Street

The Veteran Housing Service (VHS) with Preble Street assists low-income veterans and their families to find and maintain stable housing.

- Contact: 207-956-6556, Referral line: 800-377-5709
- Location: 984 ½ Sabattus St., Lewiston

Intimate Partner and Sexual Violence Resources

For immediate and emergent help, call the 24-hr helpline number listed. If you have questions about covered service area, program offerings, or anything else that is non-emergent, call the first number listed.

Safe Voices

Serves Franklin, Oxford and Androscoggin counties.

- Contact: 207-795-6744, Helpline: 800-559-2927
- Location: Call for address

SAPARS

Serves Franklin, Oxford and Androscoggin counties, and also the communities of Bridgton and Harrison.

- Contact: 207-784-5272, Helpline: 800-871-7741
- Location: Call for address

New Hope Midcoast (formerly New Hope for Women)

Serves Waldo, Knox, Lincoln and Sagadahoc counties.

- Contact: 207-594-2128; Helpline: 800-522-3304
- Location: Call for address

Her Safety Net

Provides advocacy and support for all women, including all ages and immigrants, refugees, asylum seekers and BIPOC.

- Contact: 207-513-9000
- Location: 157 Main St., Lewiston

General Assistance

The General Assistance Program assists residents, for a limited period of time, who are unable to provide basic necessities essential to maintain themselves and/or their families, like rent and food. It is available through most municipalities. Call your [local town office](#) to learn more and for information about applying.

City of Auburn

- Contact: 207-333-6601
- Location: 60 Court St., Auburn

City of Lewiston

- Contact: 207-513-3000
- Location: 27 Pine St., Lewiston

Town of Livermore

- Contact: 207-897-3207
- Location: 10 Crash Rd., Livermore

Town of Sabattus

- Contact: 207-375-4331
- Location: 190 Middle St., Sabattus

Town of Topsham

- Contact: 207-725-5821
- Location: 100 Main St., Topsham

Town of Turner

- Contact: 207-225-3414
- Location: 11 Turner Center Rd., Turner